












Kandiyohi County Area Family YMCA - January 2018

**The Refridge
Reminder**

1000 Lakeland Drive SE, Willmar
(320) 222-9622



Labor Day-Memorial Day
Monday-Thursday 5:15am-9:00pm
Friday 5:15am-8:30pm
Saturday 7:30am-8:30pm
Sunday 11:00am-5:00pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Your Y is Closed. Happy New Year! 	2 Holiday Survivor Club Final Weigh - Ins Start.	3	4 Youth Basketball Coaches Meeting 5:30 PM	5 Water Aerobics Classes Monday - Friday at 8:30 AM	6 Adult Indoor Soccer Begins 8:00 AM Youth Basketball Begins 9:00 AM 
7	8 Silver Sneakers Fitness Class Mondays, Tuesday s& Thursdays at 1 PM	9 Intramural Basketball League Meeting 7:00 PM	10 Holiday Survivor Club Final Weigh - Ins End.	11 Adult Pickleball Tuesdays & Thursdays at 7AM & Noon	12 Home School Phy Ed 8:15 AM 	13 Saturday Morning Aqua Stars Session 1 Begins 10:00 AM
14  Join us	15 Intramural Basketball Begins 6:30 PM Monday PM Swim Lessons Begin 4 PM Winter Racquetball Begins 	16 Swimming Lessons Tue/Thur PM Session 1 Begins	17 Adult Floor Hockey Mondays, Wednesdays, & Fridays at Noon	18 Friend Day All adult members may bring 1 guest (valid ID required)	19 Potluck "???" Lifeguard Training Session 1 Begins 5:00 PM	20
21 	22 School's Out	23 Active Older Adult Program Tuesdays at 10 AM	24	25	26	27 NO CELL PHONE USAGE IN YMCA RESTROOMS AND LOCKER ROOMS 
28	29	30 Red Cross Blood Drive 9 AM	31 Free Wi - Fi at the Y 	Private Swim Lessons available for all ages Contact Sarah at sarahj@kandiyymca.org	Register for ALL Winter/Spring Programs At the Y or Online www.kandiyymca.org	
Looking Ahead to February: Kettlebell Basics - Feb 1 Home School Phy Ed - Feb 9 JR Achievement Dance - Feb 9 School's Out - Feb 16 & 19 Swim Lesson Tue/Thur Session 2 - Feb 20 Women on Weights - Feb 20						

Would you like to receive this calendar and other updates by email? We'd love to include you! Please send an email to: deanm@kandiyymca.org requesting to be added to the list. Thank you!