



RED CROSS LIFEGUARD CERTIFICATION

Session 1 - December 28, 29, & 30 Session 2 - January 18, 19, & 20 Session 3 - March 15, 16, & 17 Session 4 - April 12, 13, & 14 Session 5 - May 3, 4, & 5 Session 6 - May 17, 18, & 19 Session 7 - June 3, 4, 5	Sessions 1 - 6 run Friday 5pm - 9pm, Saturday 8am - 6pm, & Sunday 8am - 6pm Session 7 runs Monday -Wednesday 10am - 5pm Fee \$175
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Select your course dates. Attendance is mandatory at all times. Time is subject to change.
 Location: Kandiyohi County Area Family YMCA, Willmar MN

BLENDED LEARNING LIFEGUARD COURSE

Class Components: Pool Lifeguard which includes CPR, First Aid and Lifeguard Training (Waterfront is not included in this class)

Prerequisites:

1. Be 15 years of age (must present valid identification form)
2. Swim 300 yards - 100 yards front crawl and 100 yards breaststroke, the remaining 100 yards using either the front crawl or breaststroke.
3. Timed swim of 20 yards using front crawl or breaststroke, surface dive in depth 9 feet, retrieve a 10 pound object, return to the surface and swim 20 yards back to starting point.
4. Must be able to tread water without use of arms for 2 minutes.
5. Blended learning will require some work to be done ahead of time. Instructions will be e-mailed.

Cost: \$175.00 Includes Book and pocket mask and all other classroom materials. Eligible for \$100 reimbursement after first 40 hours of employment at the YMCA!

Register at the YMCA

LIFEGUARD REGISTRATION ALL INFORMATION REQUIRED

Select Course: Session 1 Session 2 Session 3 Session 4 Session 5 Session 6 Session 7

Participants Name _____ Date of Birth _____ Male/Female

Parents/Guardian _____ Cell Phone # _____

Address _____ City _____ Zip _____

Email _____

Emergency Contact _____ Phone # _____

I have attached a check for the registration fee

I would like to have the registration fee auto-debited from my existing YMCA membership account

Yes, I give the YMCA permission to take pictures of me when I am participating in this class.

(If under 18 parent must sign below)

Signature _____

Date _____

Staff Initials _____

Cancellation Policy

We understand that everyone has busy lives, therefore we will be more than willing to make refunds. Please remember these guidelines when making changes. Cancellations made 7 days prior to the start date of the lesson will receive the registration fee minus a \$5 processing fee. If cancellations are made **less than 7 days prior** to the scheduled start date **No refunds** will be given. If the program is cancelled due to low enrollment the full registration fee will be refunded.

