



Kandiyohi County Area Family YMCA - April 2018

**The Refridge
Reminder**

1000 Lakeland Drive SE, Willmar
(320) 222-9622



Labor Day-Memorial Day

Monday-Thursday 5:15am-9:00pm
Friday 5:15am-8:30pm
Saturday 7:30am-8:30pm
Sunday 11:00am-5:00pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>Register for ALL Summer Programs At the Y or Online www.kandiyymca.org</p>		<p>The Kandiyohi County Area Family YMCA Invites Families to Healthy Kids Day, April 26, the Y's national initiative to improve health and well-being for kids and families by raising awareness of summer learning loss, childhood obesity and ways to keep kids active and engaged.</p>			<p>April is Parkinson's Awareness Month Whilst people may have heard of Parkinson's disease, many know little or nothing about the condition and how affects a person and their friends and family.</p>		
<p>1 Your Y is Closed. </p>	<p>2 School's Out</p>	<p>3</p>	<p>4 Water Aerobics Classes Monday - Friday at 8:30 AM</p>	<p>5</p>	<p>6 Adult Floor Hockey Mondays, Wednesdays, & Fridays at Noon</p>	<p>7 NO CELL PHONE USAGE IN YMCA RESTROOMS AND LOCKER ROOMS </p>	
<p>8</p>	<p>9 Free Wi - Fi at the Y </p>	<p>10</p>	<p>11</p>	<p>12 Adult Pickleball Tuesdays & Thursdays at 7AM & Noon</p>	<p>13 Home School PE 8:15 AM Lifeguard Training Session 3 Begins 5:00 PM</p>	<p>14</p>	
<p>15</p>	<p>16 Silver Sneakers Fitness Class Mondays, Tuesday s& Thursdays at 1 PM</p>	<p>17 Potluck "Volunteer Appreciation" 9:30 AM</p>	<p>18</p>	<p>19 Friend Day Annual Community Banks Blood Drive 9am - 2pm</p>	<p>20</p>	<p>21 Join us</p>	
<p>22</p>	<p>23</p>	<p>24 Body Toning Time Begins 10 AM</p>	<p>25</p>	<p>26 Healthy Kids Day 5PM (FREE, FUN & PRIZES!)</p>	<p>27</p>	<p>28 </p>	
<p>29</p>	<p>30</p>	<p>Looking Ahead to May: Babysitter Training, May 5 Lifeguard Training Session 4, May 4 Home School Phy Ed, May 11 Chamber Connection, May 11 Memorial Day/Law Day 5K, May 26 Memorial Day, May 28 - YMCA CLOSED</p>				<p></p>	<p>Private Swim Lessons available for all ages Contact Sarah at sarahj@kandiyymca.org</p>

Would you like to receive this calendar and other updates by email? We'd love to include you! Please send an email to: deanm@kandiyymca.org requesting to be added to the list. Thank you!