

# Holiday Survival Club



The holidays are just around the corner! Join the Holiday Survival Club to maintain or lose weight during the season and be eligible to win 1 of 3 Personal Training Packages, 3 sessions each, valued at \$108 per package.

**Weigh ins: November 13 - 22**  
**Weigh back in: January 2 - 10**

Join the Holiday Survival Club and Fight for your Fitness this Holiday Season!

**Program Fee: \$10**

FIRST 100 PARTICIPANTS ARE GUARANTEED A Y LOGO BUFF

Contact Leslie if you have any questions!

## Holiday Survival Club Registration

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Male/Female \_\_\_\_\_ Phone # \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_ E-mail: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

- I have attached a check for the registration fee.
- I would like the registration fee auto-debited from my YMCA membership account
- Yes, I give the YMCA permission to take pictures of me participating in this program

Signature \_\_\_\_\_ Date: \_\_\_\_\_ Staff Initials \_\_\_\_\_

### **Cancellation Policy**

We understand that everyone has busy lives, therefore we will be more than willing to make refunds. Please remember these guidelines when making changes. Cancellations made 7 days prior to the start date of the lesson will receive the registration fee minus a \$5 processing fee. If cancellations are made **less than 7 days prior** to the scheduled start date **No refunds** will be given. If the program is cancelled due to low enrollment the full registration fee will be refunded.