

# YOUTH FOOTBALL



YMCA Youth Football focuses on three primary objectives: Fun, Fundamentals and Character Development. Staff and volunteer coaches will go over all the skills used playing football by during practice games. In the 6 weeks of football the players will work on passing, tackling, blocking, catching, rules, team work, handoffs, footwork and kicking . Every week they will play games to utilize the skills they learned that day.

YMCA Football is open to **Boy's and Girl's in Kindergarten though 5th Grade**. All grades use a flag system. Practices/games will be held at YCMA grounds. In the event of bad weather practice will be held in the YMCA gym.

**KINDERGARTEN & 1st Grade** – All practices and games will take place on Saturday mornings. Practices will run 20 - 30 minutes and coach controlled games will be played for the remaining time.

**2st Grade to 5th Grade** – This program will run for 6 weeks and on week 1 all players will display current skills at the "Team Building Skills Assessment". Staff and Coaches will assess players current skills and roster teams based on skills assessment. Games will be played on Saturday's and practices will be on Thursday nights.

## We will run our football program just like USA flag football rules

**Contact:** Please contact Nicholas McBeain at any time with your questions or concerns about the sports camps or any YMCA program. I can be reached at (320) 222-9622 or by e-mail at nicholasm@kandiymca.org. You can also check out our website at www.kandiymca.org. The website is full of YMCA information along with downloadable copies of the Camps and other registration forms.

### Family Information



Parent(s) Last Name*	Parent(s) First Name*	Date of Birth*	Family E-mail	
Mailing Address*	City*	State*	Zip*	Emergency Contact Name*
Home Phone	Work Phone	Cell Phone	Emergency Contact Phone	

### Coach Volunteer

I will volunteer to coach for my child's team? Yes / No      Coaches Name \_\_\_\_\_  
Shirt Size \_\_\_\_\_

I previously filled out a Background check form youth Sports?      Yes / No      If No I filled one out today?      Yes / No

### Players Information

Y-(Youth)      A-(Adult)

Participant Name\*      Date of Birth\*      Grade\*      Gender\* Male / Female      Shirt Size : YXS    YS    YM    YL    AS    AM    AL

\_\_\_\_ I have attached a check or cash for the selected session.

\_\_\_\_ I would like to have the registration fee auto-debited from my YMCA membership account.

Signature \* \_\_\_\_\_      Date \_\_\_\_\_      Staff Initials \_\_\_\_\_  
By signing, I authorize the YMCA to use pictures of my Child for Promotional Purposes.      **\* Required to Register**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# FLAG FOOTBALL

## Kindergarten– 5th Grade

September 21st - October 26th



### Kindergarten & 1st Grade Registration Fee

YMCA Member	\$38.00
Non-Member	\$51.00

### 2nd–5th Grade Registration Fee

YMCA Members	\$45.00
Non-Members	\$61.00

Youth Sports Jerseys \$10.00 dollars  
used for all Youth Sports Program

### Coaches Meeting

Thursday, September 19th at 5:30pm

Kindergarten Practice Begins  
September 21

2nd–5th Skills Evaluations/Coaches Draft  
September 21

Youth Practice Begins  
September 26

Practices will be Thursday nights  
Kindergarten and 1st grade practice/games are Saturdays.

Kindergarten & 1st Grade  
Saturday 8:30–9:30am

2nd Grade  
Saturday 9:30–10:30am

3rd Grade  
Saturday 10:30–11:30am

4th/5th Grade  
Saturday 11:30–12:30



320-222-9622 | [nicholasm@kandiymca.org](mailto:nicholasm@kandiymca.org)