

Youth Basketball



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA Youth Basketball focuses on three primary objectives: **Fun, Fundamentals and Character Development**. YMCA staff and volunteer coaches teach the fundamental skills of basketball along with values like teamwork, sportsmanship and our core values of Caring, Honesty, Respect and Responsibility.

- Each Grade is limited to 44 players on a first come—first served basis.
- Sessions may be combined or added if the need exists.
- Financial Assistance is available by completing the application which is available at the YMCA.
- Registration is also Available Online at www.kandiyymca.org
- All players (grades 1-3) will display current skills at the "Team Building Skills Assessment". Staff and Coaches will assess players current skills and roster/divide teams based on skills assessment.

Lil' Basketball (3-5 yr old) . . . Girls & Boys . . Saturdays . . 8:15 - 9:00 am

Kindergarten Basketball Girls & Boys . . . Saturdays . . . 9:00- 10:00 am

Saturday Games- GIRLS
1st Grade . . Saturdays . . . 10 - 11 a.m.
2nd Grade . . Saturdays . . . 11 - 12 p.m.
3rd Grade . . Saturdays . . . 11 - 12 p.m.

PRACTICES- will be held 1 time per week (either Tuesday or Thursday) and will be determined by the team coach(s) availability. Practice times will be either 5:00-5:45 p.m., 5:45-6:30 p.m., or 6:30-7:15 p.m.

Saturday Games- BOYS
1st Grade . . Saturdays . . . 12 - 1 p.m.
2nd Grade . . Saturdays . . . 1 - 2 p.m.
3rd Grade . . Saturdays . . . 2 - 3 p.m.

PRACTICES- will be held 1 time per week (either Tuesday or Thursday) and will be determined by the team coach(s) availability. Practice times will be either 5:00-5:45 p.m., 5:45-6:30 p.m., or 6:30-7:15 p.m.

BASKETBALL FEES
Members \$38.00
Non-Members \$48.00

Multi-Sport Reusable Jersey- \$10.00
Each player will be required to purchase a Multi-Sport Reusable Jersey. These can be used for all YMCA Youth Sports.

Basketball Season Dates
January 12th to March 2nd
Team Building Skills Assessment
January 12th (all Grades 1st-3rd)

Lil' Basketball and KINDERGARTEN- Lil Basketball will practice for 20-30 minutes & play a game for the remainder of time. Kindergarten will practice for 30-40 minutes and play games for 20-30 Minutes. Practices will include skills, drills & coach controlled games.

1st Grade to 3rd Grade- This program will run for 8 weeks and on week 1 all players will display current skills at the "Team Building Skills Assessment". Staff and Coaches will assess players current skills and roster teams based on skills assessment. **Game Play** will be played on Saturday's and will consist of a 10 minutes team warm-up, Game will be four 10 minute (running time) quarters, with 2 minute breaks between quarters.

COACHES MEETING- All coaches must attend a mandatory coaches meeting on Thursday, January 10th at 5:30 p.m.



Family Information - Youth Basketball 2019

Parent(s) Last Name*	Parent(s) First Name*	Middle Initial*	Optional Family E-mail
Mailing Address*	City*	State* Zip*	Emergency Contact Name*
Home Phone	Work Phone	Cell Phone	Emergency Contact Phone*
I will volunteer to coach for my child's team? Yes/No		Coaches Name _____	
		Shirt Size _____	
I previously filled out a Background check form youth Sports?	Yes / No	If No I filled one out today?	Yes / No

Player Information

Participant Name*	Date of Birth*	Grade*	School Attends*	Gender* Male / Female
____ I have attached a check or cash for the selected session.				
____ I would like to have the registration fee auto-debited from my YMCA membership account.				
Signature *		Date _____	Staff Initials _____	
By signing, I authorize the YMCA to use pictures of my Child for Promotional Purposes.				* Required to Register



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Dear YMCA Basketball Families,

Welcome to another season of YMCA basketball. Registration is approaching fast and I want to keep you informed of important dates, minor changes and the opportunities that exist at your YMCA.

Registration

- Registration for YMCA members begins on Monday, November 19, 2018 and is continuous thereafter.
- Please drop off, mail, register online or fax the enclosed form. No telephone registrations please!
- New this year, we will be converting all shirts to a multi-sport reusable jersey. These jerseys will be use in all sport programs moving forward. There is a fee of \$10.00 for each shirt and can be used for multiple programs.

Schedule: There has been some changes to our program format as we try to enhance the program. Please read the formatting options for all ages and potential practice times. Our practices will be held 1 time per week (either Tuesday or Thursday) and will be determined by the team coach(s) availability. After the skills assessment teams will be selected and coaches will determine the practice time for the team. Practice times will be either 5:00-5:45 p.m., 5:45-6:30 p.m., or 6:30-7:15 p.m.

- **Lil' Basketball and KINDERGARTEN**– This program will run for 8 weeks . Lil Basketball will practice for 20-30 minutes & play a game for the remainder of time. Kindergarten will practice for 30-40 minutes and play games for 20-30 Minutes. Practices will include skills, drills and coach controlled games.
- **1st Grade to 3rd Grade**– This program will run for 8 weeks and on week 1 all players will display current skills at the "Team Building Skills Assessment". Staff and Coaches will assess players current skills and roster teams based on skills assessment. **Game Play** will be played on Saturday's and will consist of a 10 minutes team warm-up, Game will be four 10 minute (running time) quarters, with 2 minute breaks between quarters.
- **Team Building Skills Assessment**–all players (grades 1-3) will display current skills at the "Team Building Skills Assessment". Staff and Coaches will assess players current skills and roster/divide teams based on skills assessment. This assessment will be held on January 12th (all Grades 1st-3rd)

Coaches

- The program is really made possible because of a large number of volunteer coaches. Please think about volunteering to coach a team this season. We hope for and generally have 2 –3 coaches per team.
- Experienced coaches - Think about branching out and mentoring a new coach this season.
- Background Checks - all YMCA volunteers are required to complete the paperwork for a background check. Please fill out forms at time of registration, or I will send one out to you. It is free to you!
- **All coaches must complete a State Mandated online concussion education training. This will be provided at the coaches clinic, or a link with instructions will be given for those unable to attend coaches training.**
- Coaches Clinic- Thursday January 10th @ 5:30 pm at the Y. With all the changes to our program, please make every effort to be in attendance at this meeting. Please contact me if you have any questions.

Contact: Please contact us at any time with your questions or concerns about the basketball or any YMCA program. We can be reached at (320) 222-9622 or by e-mail at nicholasm@kandiyymca.org. You can also check out our website at www.kandiyymca.org. The website is full of YMCA information along with downloadable copies of the basketball and other registration forms.

Hope to see you on the court!

Nicholas McBeain
Program Director
Kandiyohi County Area Family YMCA
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320.222.9622