



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FOR IMMEDIATE RELEASE

Contact:

Gymnastics Classes

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Swim Lessons

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YMCA offers Gymnastics Classes and Swimming Lessons

Classes start April 2, 2019.

Kandiyohi County, March 26, 2019 – The Kandiyohi County Area Family YMCA will offer its April sessions for Gymnastics and Swimming Lessons April 2-25. Registration is now open. The programs focus on skill development, safety, sportmanship, character development and fun. Everybody plays and everybody wins.

The NEW Gymnastics Classes are offered for children ages 3-11. Gymnastics Classes meet on Tuesday nights for 45 minutes between 4:30-7:30 pm. Cost for Gymnastics is just \$46.00 for the 4-week session. YMCA members receive a \$10.00 discount.

Swim Lessons are available for children ages 6 months to 3 years with their guardian and Preschool and School Age lessons for ages 3-12. Swim Lesson meet on Tuesday and Thursday nights for 30 minutes between 5:45-7:15 pm. Cost of Swimming Lessons is \$58 for the 4-week session. YMCA members receive a \$10.00 discount.

Register now! To register for the YMCA Gymnastics or Swimming Lesson program, stop by the YMCA Welcome center or register on-line at www.kandiyymca.org. For more information on YMCA Gymnastics Classes, contact Nicholas McBeain at 320-222-9622. For more information on Swimming Lessons, contact Sarah Ruud at 320-222-9622.

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About the Kandiyohi County Area Family YMCA

The Kandiyohi County Area Family YMCA serves over 4,600 members and more than 2,200 youth each year with an emphasis on Youth Development, Healthy Living and Social Responsibility. At the Kandiyohi County Area Family YMCA strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive. To learn more, visit our website at www.kandiyymca.org.