



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# **New Year's Fitness Challenge**

**January 1st - February 17th**

Get your New Year's resolution off right with our New Year's fitness challenge. Gain points for completing each of the following.

1. Write Your Goal on Our Board
2. Complete a Fitness Test
3. Midway Fitness Check In Meeting
4. Challenge Test Out

The challenge will run from January 1st to February 17th. Visit Zach for more information.



# Registration Information

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Male/Female

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Emergency Contact #: \_\_\_\_\_

\_\_\_\_\_ I have attached a check for the registration

\_\_\_\_\_ I have attached cash for the registration

\_\_\_\_\_ I would like the registration fee auto-debited from my YMCA membership account.

\_\_\_\_\_ Yes, I give the YMCA permission to take pictures of me participating in this program.

\_\_\_\_\_ No, please do not take any pictures of me

## **Cancellation Policy**

Cancellations made 7 days prior to the start date of the lesson will receive the registration fee minus a \$15 processing fee. If cancellations are made less, then 7 days prior to the scheduled start date no refunds will be given. If the program is cancelled due to low enrollment the full registration fee will be refunded.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Staff Initials: \_\_\_\_\_