



Kandiyohi County Area Family YMCA - May 2018

**The Refridge
Reminder**

1000 Lakeland Drive SE, Willmar
(320) 222-9622



Labor Day-Memorial Day
Monday-Thursday 5:15am-9:00pm
Friday 5:15am-8:30pm
Saturday 7:30am-8:30pm
Sunday 11:00am-5:00pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Private Swim Lessons available for all ages Contact Sarah at sarahj@kandiyymca.org		1	2 Heart N Sole Begins 4 PM	3	4 Life Guard Training Session 4 Begins	5 Babysitter Training 9AM
6	7 Adult Floor Hockey Mondays, Wednesdays, & Fridays at Noon	8	9 Water Aerobics Classes Monday - Friday at 8:30 AM	10 Adult Pickleball Tuesdays & Thursdays at 7AM & Noon	11 Chamber Connection 7:30 AM Potluck "Fiesta" Noon Home School PE 8:15 AM	12 NO CELL PHONE USAGE IN YMCA RESTROOMS AND LOCKER ROOMS
13 	14 Join us	15 Silver Sneakers Fitness Class Mondays, Tuesday s& Thursdays at 1 PM	16	17 Friend Day All adult members may bring 1 guest (valid ID required)	18	19 Bouncing Bulldogs Jump Rope Workshops 8AM
20	21 	22 Active Older Adult Program Tuesdays at 10 AM	23	24	25	26 Memorial Day/Law Day 5K 9AM Flags of Honor
27 	28 Your Y is Closed. Memorial Day	29	30 Free Wi - Fi at the Y 	31 Meet the Counselors 5:30 PM	Register for ALL Summer Programs At the Y or Online www.kandiyymca.org	

Looking Ahead to June:

Summer Day Camp Begins *Let's Get it Started*, June 4 Summer Lifeguard Training Begins, June 4
Swim Lessons PM Session 1 Begins, June 5 Waterfront Lifeguard Training Session 1, June 7 Lil Learners Boot Camp, June 9
Swim Lessons AM Session 1 Begins, June 11 Waterfront Lifeguard Training Session 2, June 13
Day Camp Swim Lessons Begin, June 15 Body toning Time Begins, June 26



Would you like to receive this calendar and other updates by email? We'd love to include you! Please send an email to: deanm@kandiyymca.org requesting to be added to the list. Thank you!