

Starting January 4....

It's has been great having members back in the fitness centers these past two weeks. So nice to see all the smiling eyes above the masks.

The Governor has given clearance for additional activities at the Y starting January 4. We are still under restrictions to not exceed 100 people in the building. Since this is something new with the reopening information from December 18, the Y is working to fairly manage that number as more activities start up.

Beginning January 4:

Reservations will begin on Friday, January 1 for the following activities:

Pools will open for lap swim with a reservation with a maximum of one person per lane. Masks are not required while you swim but are required on deck and throughout the building.

Private swim lessons will be available. Contact Mat Snider to set up your or your child's private lesson. Instructors will be required to wear masks except if demonstrating a skill.

Reservations are not required for the following:

Locker Rooms will reopen. Masks are required throughout except for showering. Only showers that are petitioned may be used. Please social distance.

Virtual fitness classes will continue through January 10.

Beginning January 11:

Youth Sports will begin. Youth Basketball and Youth Volleyball will start up with skills practices with games anticipated to start in the next week or two. Registration will open January 4.

Fitness Classes and Water Fitness classes will resume with reservations for classes of 9 people, twelve feet of space between participants and masks required at all times. We will still offer virtual class options as well for those who choose to keep exercising at home.