

Aquatic Center Information

Pool Schedule: Our philosophy is to try to strike a balance between open and structured programs. The pool times vary seasonally with lessons.

Pool Rules:

1. **Parental Supervision:** A parent must directly supervise children under the ages of 7; this means that parents must be in the immediate pool area, not behind the glass. Parents must accompany children age 5 and under into the pool. Lifeguards are present as safety precautions, not as a babysitter.
2. **Swimsuits:** Appropriate swimming attire must be worn in the water at all times. No cut-off shorts, gym shorts, or undergarments. Non-swimming attire can become waterlogged and/or get caught in the drains and filter systems.
3. **Diapers:** Children who wear diapers must wear swimming designed diapers, commonly referred to as “little swimmers”. There is a dispenser in the Family Locker Room. Regular diapers are not allowed because:
 - When torn, diapers release a gel into the pool which plugs the pool filters.
 - Diapers absorb water and become extremely heavy. In this case, it impairs children’s mobility.
4. **Toys and Equipment:** Patrons must leave their toys at home, except during Family Pool Parties. Goggles and masks must be made of tempered or safety glass. Kick boards and swimming lesson equipment (toys) may **not** be used by patrons during open swim, with the exception of fitness purposes.
5. **Snacks:** Food and beverages are not allowed in the Aquatic Center.
6. **Jumps and Flips:** Front dives are permitted only in the 9-ft area of the Lap Pool. No back dives, spins or flips from the edge.
7. **Sitting or hanging from lap lanes** is not allowed.
8. **YMCA life jackets** are not allowed in the Lap Pool.
9. **Swim testing:** All guests and groups must be swim tested by a lifeguard on duty in order to swim in the deep water of the Lap Pool. Swim testing must be done each time guests and groups use the pool, even if patrons have been previously tested.

Water Slide Rules:

1. Children **under** 42 inches must be accompanied by an adult (18 or older) and wear a life jacket.
2. Children **over** 42 inches have the option of wearing a life jacket and going down the Water Slide alone or with an adult.
3. One person at a time down the Water Slide, unless it is a child **under** 42 inches and he/she is wearing a life jacket and being accompanied by an adult.
4. Life jackets are available for patron use. The lifeguard at the top of the Water Slide monitors life jackets.
5. Feet first entry only. Sitting or lying on back only.
6. No one is allowed to wear goggles on the Water Slide.
7. No swinging body at top of Water Slide to pick up speed. No stopping or turning in the Water Slide.
8. Swimmers must immediately exit the Pool after going down the Water Slide.
9. Please check Pool Schedule for times of Water Slide operation. If it is during a designated time and there are 2 lifeguards in the Aquatic Center, but the Water Slide is not turned on, please ask a lifeguard to turn it on for you!