



Kandiyohi County YMCA

Video & Live Stream Schedule

 Kandiyohi County Area Family YMCA

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MONDAY:

9:00am Group Exercise Class
with Jess  LIVE

Noon YMCA Weekly Update
 LIVE

3:00pm STEM/Arts & Crafts
 

5:00pm Group Exercise Class
 

TUESDAY:

9:00am Group Exercise Class
with Jess  LIVE

Noon Early Learning Center
Story Time or Sing
Along
 

3:00pm STEM/Arts & Crafts
 

5:00pm Zoom Group Exercise
Class
with Zach 

WEDNESDAY:

9:00am Group Exercise Class
with Jess  LIVE

Noon YMCA Whacky
Wednesday


3:00pm STEM/Arts & Crafts
 

5:00pm Group Exercise Class
 

THURSDAY:

9:00am Group Exercise Class
with Jess  LIVE

Noon Story Time
with Sonja
 

3:00pm STEM/Arts & Crafts
 

5:00pm Zoom Group Exercise
Class
with Zach 

FRIDAY:

9:00am Group Exercise Class
with Jess or Zach
 LIVE

Noon Early Learning Center
Story Time or Sing
Along
 

3:00pm STEM/Arts & Crafts
 

SATURDAY:

10:00am Group Exercise Challenge
with Zach
 