



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MOSSA ALL IN CHALLENGE

ALL IN is an 8 week challenge where you can earn points and win prizes for participating in group exercise and bringing guests to the YMCA. Weekly and Grand prize awarded.

- Pick up, complete and turn in weekly Workout Card
- Earn points for workouts and for bringing friends
- Weekly prize drawings from completed cards
- Grand prize is awarded to member with highest total points
(3 FREE Personal Training Sessions)



ALL IN CHALLENGE :
NEW DATES
September 16 - November 8

Program Fee : Members Only \$5

MOSSA ALL IN CHALLENGE

Name: _____ Date of Birth: _____ Male/Female _____ Phone # _____

Address: _____ City: _____ Zip: _____ E-mail: _____

Emergency Contact: _____ Phone #: _____

I have attached a check for the registration fee.

I would like the registration fee auto-debited from my YMCA membership account

Yes, I give the YMCA permission to take pictures of me participating in this program

Signature _____ Date: _____ Staff Initials _____

Cancellation Policy

We understand that everyone has busy lives, therefore we will be more than willing to make refunds. Please remember these guidelines when making changes. Cancellations made 7 days prior to the start date of the lesson will receive the registration fee minus a \$5 processing fee. If cancellations are made **less than 7 days prior** to the scheduled start date No refunds will be given. If the program is cancelled due to low enrollment the full registration fee will be refunded.